

**Location** Dolomites  
**Date** 18/01/2010  
**Weather** Cold and Sunny  
**Other Info** BB  
**Duration** 10:03:49  
**Filename** MSC-TW2010-BB-Mon.gbf

**Vertical Ascent** 5,881.3 m  
**Up Distance** 14.61 Miles  
**Average Uphill Speed** 5 mph  
**Maximum Speed** 45 mph  
**Up/Down/Flat** 28%/46%/25%  
**Hills** 15

