

**Location** Dolomites  
**Date** 21/01/2010  
**Weather** Three clouds  
**Other Info** BB  
**Duration** 07:43:30  
**Filename** MSC-TW2010-GL-Thu.gbf

**Vertical Ascent** 6,458.7 m  
**Up Distance** 13.69 Miles  
**Average Uphill Speed** 6 mph  
**Maximum Speed** 47 mph  
**Up/Down/Flat** 35%/54%/12%  
**Hills** 17

