

**Location** Dolomites  
**Date** 19/01/2010  
**Weather** Sunny and Cold  
**Other Info** GL  
**Duration** 09:17:20  
**Filename** MSC-TW2010-GL-Tue.gbf

**Vertical Ascent** 7,844.9 m  
**Up Distance** 16.54 Miles  
**Average Uphill Speed** 6 mph  
**Maximum Speed** 48 mph  
**Up/Down/Flat** 35%/47%/18%  
**Hills** 17

