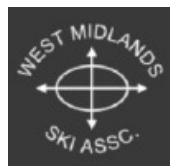


In association with



English Schools
Ski Association



West Midlands
Ski Association



Midland Ski
Club



Ackers Trust
Ski Centre

**West Midlands Ski Association
Birmingham Area and South Midlands Schools Race
Sunday 21st March 2010**

**At The Ackers Trust, Golden Hillock Road, Birmingham, B11 2PY
Tel: 0121 772 5111**

Teams must consist of 3 or 4 skiers from the same school.

Race Entry Fee

£25 per team includes ski and boot hire if required

Approximate Timetable

09:30 - 10:00	Registration/Ski hire
10:00 - 11:00	Open practice
11:00 - 15:00	BBQ available
11:15 - 14:30	Timed Runs
15:30	Prizegiving

Age categories

Under 8, Under 10, Under 12, Under 14, Under 16, Under 19, Special Needs
Age as at 31st December 2009



**WMSA Birmingham and South Midlands
Schools Race Sunday 21st March 2010**

ENTRY FORM – One entry form per team

School		Age Group	
Address			
School contact Name & Email			
Team manager			
E-mail			
Phone Number			

Skier details

Forename	Surname	DOB	M / F

Photographic consent NOT given for.....

Acceptance of entry to these races will be deemed to relieve the Sponsors, Organisers, West Midlands Ski Association, its Officers, members, voluntary helpers and all others associated with the races of any liability for injury, loss or damage of any kind due to negligence or otherwise.

**I have read the paragraph above and enclose the entry fee
(£25 per team, cheques payable to Midland Ski Club)**

Signed on behalf of school:

Entries should be sent to: Paul Lawrence, Midland Ski Club, c/o 683-685
Warwick Road, Solihull West Midlands B91 3DA

Closing Date for entries: Wednesday 10th March 2010

This date may be brought forward if the race becomes oversubscribed so please submit your entries as soon as possible.

RULES

Basic Race Skills Training at the Ackers Trust Ski Centre

Midland Ski Club has arranged 5 race training sessions at the Ackers Trust Ski Centre to allow skiers to practise for the race. The first three training sessions will be held over half-term on Friday 19th February 2010 (10-12, 12.45-14.45 & 15.30-17.30) at a cost of £12 per session per skier. The final two training sessions will be held on Sunday 7th March (13.45-15.15, 15.30-17.00) at a cost of £9 per session per skier. To book a session place, please phone the Ackers on 0121 772 5111.

Helmet Regulations

Ski Helmets must be worn by all competitors. Helmets will not be available for hire from the Ackers. You may be able to borrow one from a friend. Alternatively, ski helmets can be purchased from a number of suppliers - a few are listed below:

Widney Sports - Solihull - 01564 774176
Decathlon - Merry Hill - 01384 487880
Lockwoods Outdoor - Leamington - 01926 339388
Snow and Rock - Birmingham - 0121 236 8280
White Mountain - Wolverhampton and Walsall - 01902 773395
Ellis Brigham - Tamworth - 01827 59047
Stoke Ski Centre - Stoke on Trent - 01782 204149
Two Seasons - Solihull and Leamington - 0800 970 8646
Ski Bartlett - Hillingdon - 0020 8848 0040 - ski race specialists
TKMax - Birmingham, Coventry and Solihull

Equipment and clothing

Skis, boots and poles are available for hire from the Ackers Trust and the cost is included in the race entry fee. Skiers may use their own skis and/or boots and ski poles, however ski poles must have full protection around the point to prevent damage to the slope. The use of ski blades is not permitted.

Long sleeves, gloves and long trousers must be worn at all times, and there must be no gap in clothing between shirt and trousers.

Photography

It is expected that photographs may be taken of skiers at the event and these may be included on the Midland Ski Club or the Ackers Trust websites (no names). **If any skier may not be photographed please include this information on the entry form.**

Teams must consist of 3 or 4 skiers from the same school or college, as at 19th March 2010. Teams may include skiers of either sex. Age categories are Under 8, Under 10, Under 12, Under 14, Under 16, Under 19, age as at 31st December 2009. There is a special needs category with no age group restrictions. **Entries from individuals will not be accepted.**

Skiers from different age groups may form a team and the age group of the team will be determined by the age of the oldest skier.

Each skier will make 2 timed runs of the slalom course and the best time from a skier's two runs will be used for the team event. The team time will be the total of the fastest run times for any 3 skiers in the team, (maximum of 1 time for any skier) and the winner of each age group will be the team with the lowest final combined time.

The sum of the skier's two times will be used for ranking in the individuals' event, using the skier's correct age category.

Team awards will be presented to the first 3 teams in each age group or category. Individual awards will be presented to the first 3 girls and first 3 boys in each age group or category.

The minimum standard of skiing required is to be able to perform linked snowplough turns safely, to be able to control speed and use the button lift. No previous racing experience is necessary.

A maximum of 150 skiers will be accepted and entries will be accepted only when they reach the race secretary with correct payment before the closing date (this date may be brought forward if the race is oversubscribed before the official closing date). **Payments will not be accepted from individual members of a team; a single cheque must be paid to cover one or more teams.** Entries will be accepted in the order that the form and complete payment is received; there is no guarantee that all entries received before closing date can be accepted. Schools may enter up to two teams in each age group.

Late entries or entries on the day will not be accepted. All accepted entries will be confirmed by email so please include a clearly printed email address on the entry form. No refunds will be made if skiers are unable to ski after this acceptance has been sent.

Each school must nominate a team manager, with name and contact details shown on the entry form. This team manager will be responsible for their teams during the race.

For entry information: Race Secretary - racese secretary@midlandski.org.uk

For general enquiries: Race Communications - racecommunications@midlandski.org.uk

www.midlandski.org.uk

www.ackers-adventure.co.uk