



SKI HELMET POLICY

The Midland Ski Club policy on the use of ski helmets is as follows. This policy is in accordance with Snowsport UK guidelines and is similar to that applied in many ski resorts. This policy has been adopted to bring us in to line with other organisations and has obvious safety benefits. Helmets are now widely available at reasonable prices and many skiers are already accustomed to wearing helmets.

Race Training and Racing – principally Tuesday, Thursday and Friday race groups and all races anywhere:

Every skier, irrespective of age, racing or receiving coaching within an MSC organised session using race poles must always wear a properly fitted, recognised ski helmet, preferably with chin-guard. There are no exceptions, if a skier forgets to bring a helmet and cannot arrange to borrow a suitable replacement then they will not be allowed to ski.

Skills development – principally Monday and Friday skills groups:

Every skier under the age of 18 who is receiving coaching must always wear a properly fitted, recognised ski helmet. New skiers joining one of these groups have three weeks in which to obtain a suitable helmet, during this time they will ski a reduced program that recognises the lack of helmet. There are no further exceptions, the rule is 'no helmet – no skiing'.

Snow –any club trip on snow:

Every skier under the age of 18 who is skiing as part of an MSC group must always wear a properly fitted, recognised ski helmet. There are no exceptions.

Some helmet suppliers are:

Widney Sports – Solihull – 01564 774176
Decathlon – Merry Hill – 01384 487880
Lockwoods Outdoor – Leamington – 01926 339388
Snow and Rock – Birmingham – 0121 236 8280
White Mountain – Wolverhampton and Walsall – 01902 773395
Ellis Brigham – Tamworth – 01827 59047
Two Seasons – Solihull, Leamington and Worcester – 0800 970 8646
Ski Bartlett – Hillingdon – 020 8848 0040 – ski race specialists
Beans – Bicester - 01869 246451
Ventura – 01942 717 971 – also for race protection wear
Lidl Aldi and TK-Maxx also periodically stock helmets.
Snow-kit: www.snow-kit.com
Ski Racing Supplies: www.skiracing.co.uk