



SKI HELMET POLICY

With effect from 7th November 2009, the Midland Ski Club policy on the use of ski helmets is as follows. This policy is in accordance with Snowsport UK guidelines and is similar to that introduced in many ski resorts in the last few years. This policy has been adopted to bring us in to line with other organisations and has obvious safety benefits. Helmets are now widely available at reasonable prices and many skiers are accustomed to wearing helmets.

Race Training and Racing – principally Tuesday, Thursday and Friday race groups and all races anywhere:

Every skier, irrespective of age, racing or receiving coaching within an MSC organised session using race poles must always wear a properly fitted, recognised ski helmet, preferably with chin-guard. This is applicable from 7th November 2009 and there are no exceptions, if a skier forgets to bring a helmet and cannot arrange to borrow a suitable replacement then they will not be allowed to ski.

Skills development – principally Monday and Friday skills groups:

Every skier under the age of 18 who is receiving coaching must always wear a properly fitted, recognised ski helmet. This is applicable from 7th November 2009. Exceptions will be made for those who do not currently have a suitable helmet, the deadline to comply is 27th February 2010. In addition new skiers joining these groups will have 3 weeks in which to obtain a suitable helmet, during this time they will ski a reduced program that recognises the lack of helmet. There are no further exceptions, the rule is 'no helmet – no skiing'.

Snow –any club holiday on snow:

Every skier under the age of 18 who is skiing as part of an MSC group must always wear a properly fitted, recognised ski helmet. This is applicable from 7th November 2009 and there are no exceptions.

There are a number of suitable suppliers below. In addition MSC have arranged for a representative from snow-kit.com (website:www.snow-kit.com) to visit Ackers on Friday 4th December from 5:30 to 7pm with a selection of helmets at reduced prices, both recreational and racing, that can be fitted for each skier. This will include adjustable helmets designed for growing children and the popular SH+ helmet favoured by many of our racers. They can bring in other equipment if you contact them in advance.

Widney Sports – Solihull – 01564 774176
Decathlon – Merry Hill – 01384 487880
Lockwoods Outdoor – Leamington – 01926 339388
Snow and Rock – Birmingham – 0121 236 8280
White Mountain – Wolverhampton and Walsall – 01902 773395
Ellis Brigham – Tamworth – 01827 59047
Two Seasons – Solihull, Leamington and Worcester – 0800 970 8646
Ski Bartlett – Hillingdon – 020 8848 0040 – ski race specialists
Beans – Bicester - 01869 246451
Ventura – 01942 717 971 – also for race protection wear
LIDL - ski helmets come into stores on Monday 16th November
ALDI stores, TK-Maxx also periodically stock helmets.